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| Unit: | Positive Behaviour Patterns | Suggested Order: 4 of 10/11 |
| Topic: | What happens if we don’t manage our feelings? | |
| Key Objectives: | To understand the possible impacts of not managing our feelings well | |
| Resources: | Lesson Not managing feelings PowerPoint  Blank Storyboard  Coloured pens / pencils | |

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| Guideline Timing | Activity | Typical Learning Gains | Notes / Advice from teaching team |
| 5 Mins | Students brainstorm the strategies that they learned last lesson | Teacher able to assess how much has been remembered from previous lessons  Catch-up opportunity for students who missed the last lesson. | *Students often pick quite personal issues to explore – it provides a good insight into the kinds of issues that students are experiencing.*  *Students often find it hard to articulate the links between events – this is true for their own behaviour too.* |
| 5 Mins | Teacher input on how unresolved conflict can cause problems in school (and in life) |  |
| 30-40 Mins | Students given a blank storyboard and encouraged to tell a story which begins with an unresolved argument in the morning. They are told that their storyboard must contain:   * An incident with a teacher * An incident with another student * Some form of consequence | Teacher able to circulate and have conversations exploring the links between events e.g. how did X lead to Y? |
| 5 Mins | Share story with the class. The rest of the class generate strategies that could have helped to reduce the conflict or prevented the knock-on effect for the rest of the day. |

Opportunities to differentiate / personalise: